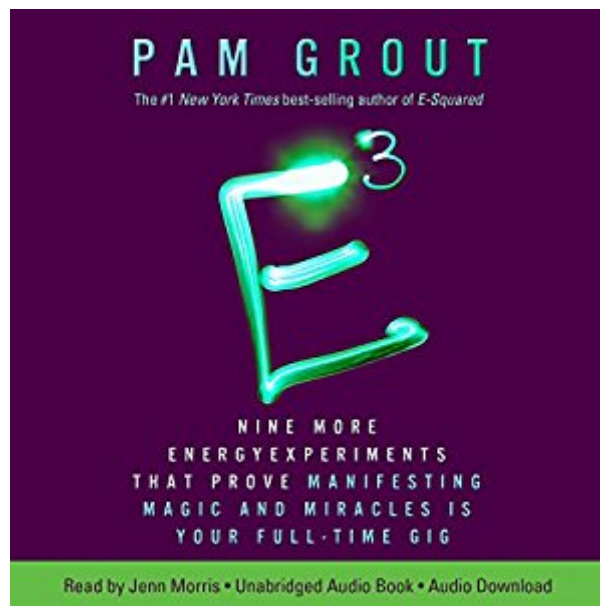


The book was found

E-Cubed: Nine More Energy Experiments That Prove Manifesting Magic And Miracles Is Your Full-Time Gig



Synopsis

E-Squared, the international hit sensation described by one reader as "The Secret on crack", provided the training wheels, the baby steps, to "really getting it" that thoughts create reality. In E-Cubed (don't worry - there will never be E to the 27th Power), Pam Grout takes you higher and deeper into the quantum field, where you'll prove that blessings and miracles are natural and that joy is only a thought away. With nine new experiments and more tips on how to keep the gates of the world's largesse and abundance wide open, this audiobook is chock-full of incontrovertible evidence that the universe is just waiting for us to catch up, just waiting for us to begin using the energy that has always been available for our enjoyment and well-being.

Book Information

Audible Audio Edition

Listening Length: 5 hours and 26 minutes

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Version: Unabridged

Publisher: Hay House

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in Books > Audible Audiobooks > Health, Mind & Body > Self-Help

Customer Reviews

E-CUBED is a "new age" book, reflecting the same "You create your own reality" view as the book, THE SECRET. Author Pam Grout presents principles from what she calls the outdated worldview #1, and the alternative, more life-affirming principles of worldview #2. She also presents nine behavioral experiments to test the validity of those principles. I take issue with many of them, but also strongly believe in the validity of others. In this review, I will first express my skepticism in regard to some of her assumptions (explaining my reasons), before noting the facets of her book which I believe have value and for some readers, are worth reading. Some of the principles she presents are: "There is nothing to fear," "Everybody gets a happy ending," "There is no reason to struggle," "Life emanates from me," "The only thing I have to do is follow my joy," and "Money isn't

real".When I was in my 20s and 30s, beginning in the late 1960s, I would have agreed with most of Pam Grout's assumptions. At that time I was beginning to lead "new age" workshops, and to write books which professed a "new age" philosophy. I also attempted to live by that philosophy, attracting some wonderful, synchronistic experiences and also near-catastrophes. Now I am aware of how naive and ungrounded I was - not preparing for the worst or taking necessary precautions to ensure my future wellbeing.The corollary of "You create your own reality" is the belief that you choose the reality you experience and if what you intend and envision does not manifest, then you are failing to believe deeply enough or to apply the principles effectively.Bull.

E3 is a follow up to Pam Grout's E2 book (which was originally called God Doesn't Have Bad Hair Days). E3 mentions a lot of the principles of the law of attraction and quantum physics. And it was saturated in a cool style like it's targeted to young teenagers. Good humor is great, but after Alby Einstein I found that it was more irritating than funny.The author also presents the new world view, such as I create the world with my thoughts..., what I think is for the most part irrelevant, I already have everything I could ever want or need, and everybody gets a happy ending. Then on page 109 the author says that nothing is universal. She also says that we are the creators of our reality. So I was wondering why she created the reality where her laptop crashed and she lost the Chicken Soup book that she was writing. Maybe the author is unfamiliar with a corollary by Master Kuthumi that the collective can have an impact on your reality. For example have you ever been late because of a major traffic jam?The author's coverage of the law of attraction and quantum physics can sometimes be rather shallow. The author talks about the old habits and beliefs that are buried in our subconscious that prevent us from being happy and manifesting our dreams. But there are not a lot of recommendations for clearing your subconscious--unless you find the Boogie-Woogie exercise and Simon Cowell exercise sufficient in that regard.Here is a summary of the 9 experiments in E3. Note that most are intended to be done for 3 days or over 3 days:1.

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